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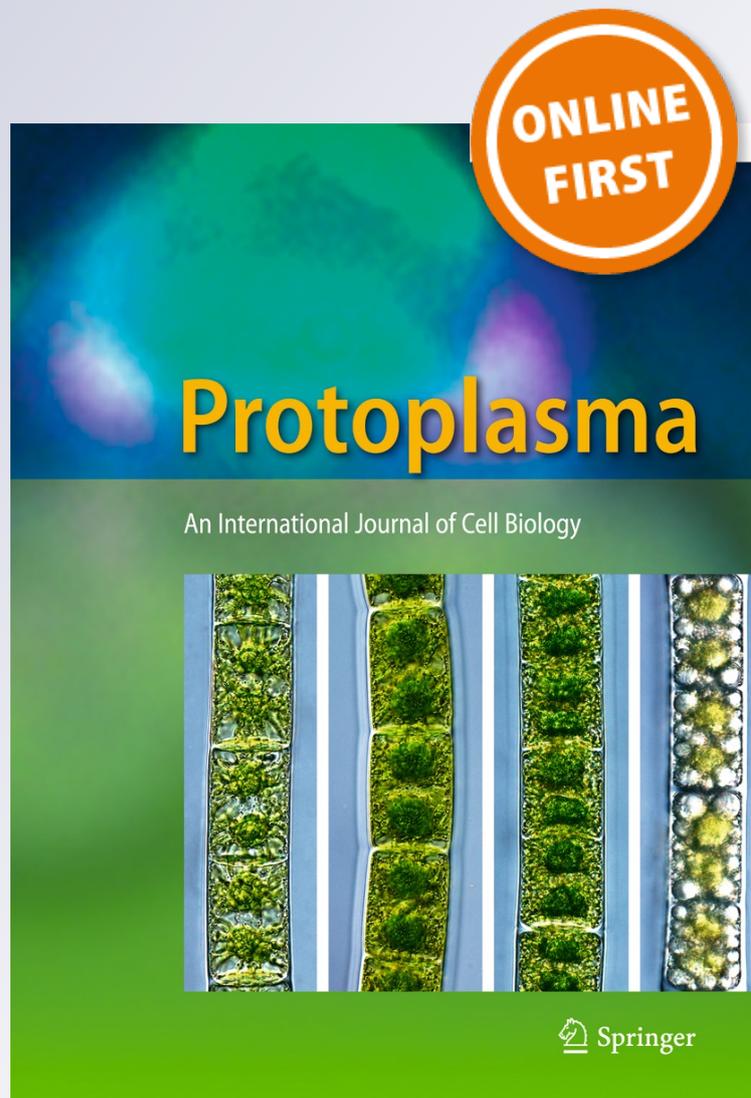
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Biocompatibility of different nanostructured TiO₂ scaffolds and their potential for urologic applications

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Abstract Despite great efforts in tissue engineering of the ureter, urinary bladder, and urethra, further research is needed in order to improve the patient's quality of life and minimize the economic burden of different lower urinary tract disorders. The nanostructured titanium dioxide (TiO₂) scaffolds have a wide range of clinical applications and are already widely used in orthopedic or dental medicine. The current study was conducted to synthesize TiO₂ nanotubes by the anodization method and TiO₂ nanowires and nanospheres by the chemical vapor deposition method. These scaffolds were characterized with scanning electron microscopy (SEM) and X-ray diffraction (XRD) methods. In order to test the urologic applicability of generated TiO₂ scaffolds, we seeded the normal porcine urothelial (NPU) cells on TiO₂ nanotubes, TiO₂ nanowires, TiO₂ nanospheres, and on the standard porous membrane. The viability and growth of the cells were monitored everyday, and after 3 weeks of culturing, the analysis with scanning electron microscope (SEM) was performed. Our results showed that the NPU cells were attached on all scaffolds; they were viable and formed a multilayered

epithelium, i.e., urothelium. The apical plasma membrane of the majority of superficial NPU cells, grown on all three different TiO₂ scaffolds and on the porous membrane, exhibited microvilli; thus, indicating that they were at a similar differentiation stage. The maximal caliper diameter measurements of superficial NPU cells revealed significant alterations, with the largest cells being observed on nanowires and the smallest ones on the porous membrane. Our findings indicate that different nanostructured TiO₂ scaffolds, especially nanowires, have a great potential for tissue engineering and should be further investigated for various urologic applications.

Keywords Nanostructured TiO₂ scaffolds · Anodization · Chemical vapor deposition · Normal porcine urothelial cells · Urologic application

Introduction

Titanium dioxide (TiO₂) is one of the most significant biocompatible materials for medical applications due to its non-toxicity, great tensile strength, flexibility, high corrosion, and resistance to body fluid effects; therefore, it is not rejected by the body (Williams 2008). Meanwhile, the importance of nanoscale surface topography and roughness of biomaterials is, along with chemical surface modifications, gradually becoming acknowledged as a crucial factor for cell attachment, survival, proliferation, and differentiation as well as for tissue acceptance (Wagner, Dullaart et al. 2006; Gongadze, Kabaso et al. 2011). Indeed, it was demonstrated that nanostructured titanium oxide represents an even better biomimetic material than flat TiO₂ (Gongadze, Kabaso et al. 2011). This was confirmed by various experiments conducted with different cell types, e.g., osteoblasts (Gongadze, Kabaso et al.

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2011), mesenchymal cells (Park, Bauer et al. 2007), fibroblasts (Carbone, Marangi et al. 2006), endothelial cells (Park, Bauer et al. 2009), osteosarcoma cells (Carbone, Marangi et al. 2006), and recently also with urothelial cells, which showed improved cell adhesion and growth (Alpaslan, Ercan et al. 2011) on nanostructured titanium oxide even without coating with extracellular matrix proteins.

Recently, an increasing number of in vitro studies have exploited an inexpensive and highly reproducible electrochemical anodization method for obtaining a self-assembled layer of vertically oriented TiO₂ nanotubes with a diameter between 15 and 100 nm (Alpaslan, Ercan et al. 2011; Imani, Kabaso et al. 2012; Lee, Mazare et al. 2014). Moreover, other methods are emerging, e.g., chemical vapor deposition (CVD), which yield different nanostructured TiO₂ scaffolds (Liu, Zhang et al. 2012; Selvaraj, Jursich et al. 2013) and urge to be tested for medical applicability. Many diverse pathologies affect the lower urinary tract covered by urothelial cells from the ureter to bladder and urethra, including compromised ureter due to kidney stones or tumor (Mardis and Kroeger 1988; Romih, Korosec et al. 2005), injured ureters in abdominopelvic surgeries (Al-Awadi, Kehinde et al. 2005), bladder and urethral dysfunction, congenital anomalies, trauma and malignancies (Atala 1999; Southgate, Cross et al. 2003; McAninch 2005). These conditions have a high incidence and a long-term impact on the patient's quality of life as well as on the economy of health systems all over the world. Until now, some successes were documented regarding reconstructive urologic medicine (Jerman, Kreft et al. 2015), namely promising research in the field of the ureter reconstruction (Fu, Xu et al. 2012), attempts towards the implantation of the tissue-engineered bladder (Fraser, Thomas et al. 2004; Atala, Bauer et al. 2006; Subramaniam, Turner et al. 2012), and also the urethra (Raya-Rivera, Esquiliano et al. 2011). Nevertheless, many contradictory results in basic research and in preclinical and clinical trials demand further searching for improved technologies and constructs, which would have a potential to benefit patients. Besides, it has not yet been determined what kind of scaffold might best support the urothelial growth without prolonged regeneration and even extensive fibrous tissue overgrowth (Vance, Miller et al. 2004).

Titanium-based materials are widely used in a broad range of clinical applications, especially for bone implants in orthopedic or dental medicine. Many in vitro studies were performed with osteoblasts and osteoblast-like cells, indicating that even small variations of titanium surface topography and roughness affect different cell reactions, e.g., cell attachment, proliferation, and differentiation (Zhu, Chen et al. 2004; Luthen, Lange et al. 2005;

Gongadze, Kabaso et al. 2011; Pazoki et al. 2012). In 2011, the first paper was published proposing anodized TiO₂ nanotubes as a novel scaffold for the ureter stents, but only a short-term culturing was tested (Alpaslan, Ercan et al. 2011). The establishment of a normal urothelium with differentiated superficial urothelial cells, named umbrella cells, is a process that takes in in vitro conditions 1 to 3 weeks (Kreft, Sterle et al. 2005; Kreft, Sterle et al. 2006; Visnjar and Kreft 2013; Visnjar and Kreft 2015). Our goal in the present study was to investigate the long-term culturing of normal urothelial cells on nanostructured TiO₂ scaffolds with different topography. TiO₂ scaffolds were synthesized with the anodization method and chemical vapor deposition (CVD). With these different methods, we prepared not only the nanotubes but also the nanowires and the nanospheres, which could have a wide range of urologic applications, including a novel scaffold design for the ureter stent as well as proximal urethra tissue engineering. The NPU cells were attached, viable and proliferative, and formed a urothelium with tightly bound superficial cells after a 3-week culturing on all three nanostructured TiO₂ scaffolds tested here. Moreover, our results showed some differences in the sizes of the superficial urothelial cells, while the majority of them exhibited microvilli on their apical surface in all the experiments. We believe that different TiO₂ scaffolds are very promising and should be further explored as stents for urologic applications.

Materials and methods

Synthesis of TiO₂ nanowires and nanospheres

The synthesis of TiO₂ nanowires and nanospheres was performed according to the chemical vapor deposition (CVD) method reported previously by the in-house built CVD reactor (Pazoki et al. 2012). The CVD reactor consisted of a horizontal glass tube reactor with a 5 cm diameter and 30 cm long reactor. TiCl₄ was used as the titanium precursor, while oxygen gas and water were used as oxygen sources. Glass substrates were cleaned by sonication in dilute nitric acid, acetone, and deionized water, and placed in the reactor in two zones: zone A (for the synthesis of nanowires) and zone B (for the synthesis of nanospheres). The standard working temperature in the center of the reactor was 250 °C. The measured temperatures in zone A and in zone B were 230 and 210 °C, respectively. Water vapor and TiCl₄ were introduced into the reactor by bubbling Ar and N₂ as carrier gasses, kept in respective bubblers at 20 °C, as well as an independent flow of O₂. The standard flow rates for Ar (H₂O), N₂ (TiCl₄), and O₂ were 30, 560 and 560 sccm, respectively.

Synthesis of TiO₂ nanotubes

TiO₂ nanotubes were synthesized according to the electrochemical anodization method (Imani and others 2012), described previously (Imani, Kabaso et al. 2012). In short, titanium foils were degreased and TiO₂ nanotubes were grown by the electrochemical anodization of these foils (thickness 0.25 mm; purity 99.5 %; Sigma-Aldrich, St. Louis, MO, USA) in a two-electrode electrochemical cell at room temperature. A DC power supply was used as the voltage source, and the titanium foil served as anode and platinum foil as cathode. The titanium foils were biased at 60 V for 1 h to grow a nanotubular TiO₂ surfaces (TiO₂ nanotubes), which were thereafter rinsed with deionized water and dried in air. Before they were used as scaffolds for NPU cells, they were sterilized in 70 % ethanol for 5 min and dried in air.

Characterization of different nanostructured TiO₂ scaffolds

The surface topography of synthesized nanostructured TiO₂ scaffolds was observed with a Hitachi S4700 scanning electron microscope (SEM, Hitachi-S4160). The crystal structure properties of the TiO₂ scaffolds (after annealing at 450 °C for 1 h) were obtained from hard X-ray low-angle 1 reflectivity measurements, using a Philips PW1710 powder diffractometer with a copper anode source (Cu-K alpha, lambda=1.54 Å), operating at 0.8 kW and with an accuracy of 0.015° 2-theta.

Urothelial cell cultures

The experiments were approved by the Veterinary Administration of the Slovenian Ministry of Agriculture and Forestry (permit no. 34401-1/2010/6) in compliance with the Animal Health Protection Act and Instructions for Granting Permits for Animal Experimentation for Scientific Purposes. The porcine urinary bladders were obtained from a local abattoir. Primary urothelial cell cultures were prepared as described previously in the UroM medium (Kreft, Sterle et al. 2005; Kreft, Di Giandomenico et al. 2010; Visnjar, Kocbek et al. 2012; Visnjar and Kreft 2015). The UroM medium consisted of equal parts of MCDB153 medium (Sigma-Aldrich, Taufkirchen, Germany) and advanced Dulbecco's modified essential medium (Invitrogen, Life technologies, Austria), supplemented with 0.1 mM phosphoethanolamine (Sigma-Aldrich), 15 µg/ml adenine (Sigma-Aldrich), 0.5 µg/ml hydrocortisone (Sigma-Aldrich), 5 µg/ml insulin (Sigma-Aldrich), 4 mM glutamax (Gibco), 100 µg/ml streptomycin, and 100 U/ml penicillin. Normal porcine urothelial cells (NPU cells) were propagated and sub-cultured in the UroM medium

with 0.9 mM extracellular Ca²⁺ concentration and 2.5 % final concentration of fetal bovine serum (UroM (-Ca²⁺ + S_{FBS})). When the NPU cells of the VI passage reached the confluence, they were incubated in TrypLE Select (Gibco) at 37 °C for 5 min, resuspended in the UroM (-Ca²⁺ + S_{FBS}) medium, centrifuged at 200g for 5 min, and plated at seeding density of 1 × 10⁵ cells/cm² on the three different nanostructured TiO₂ scaffolds and on the 0.4-mm porous membrane (synthetic polyethylene terephthalate (PET) membranes, BD Falcon, Bedford, USA). All four urothelial models were maintained for 3 weeks at 37 °C in a humidified atmosphere of 5 % CO₂ in the air. The growth of NPU cells was monitored by inverted phase-contrast microscope (Leica) everyday, and the UroM (-Ca²⁺ + S_{FBS}) medium was replaced every other day.

Scanning electron microscopy

Three-week NPU cell cultures were prepared for scanning electron microscopy (SEM) as previously described (Visnjar, Kocbek et al. 2012; Visnjar and Kreft 2013). Briefly, the NPU cells together with different scaffolds were fixed in 4 % formaldehyde and 2.5 % glutaraldehyde in 0.1 M cacodylate buffer, pH 7.4, at 4 °C for 3 h, and rinsed in 0.1 M cacodylate buffer, pH 7.4, at 4 °C overnight. After dehydration, the samples were dried at the critical point, sputtered with gold, and examined with a Jeol JSM 840A scanning electron microscope.

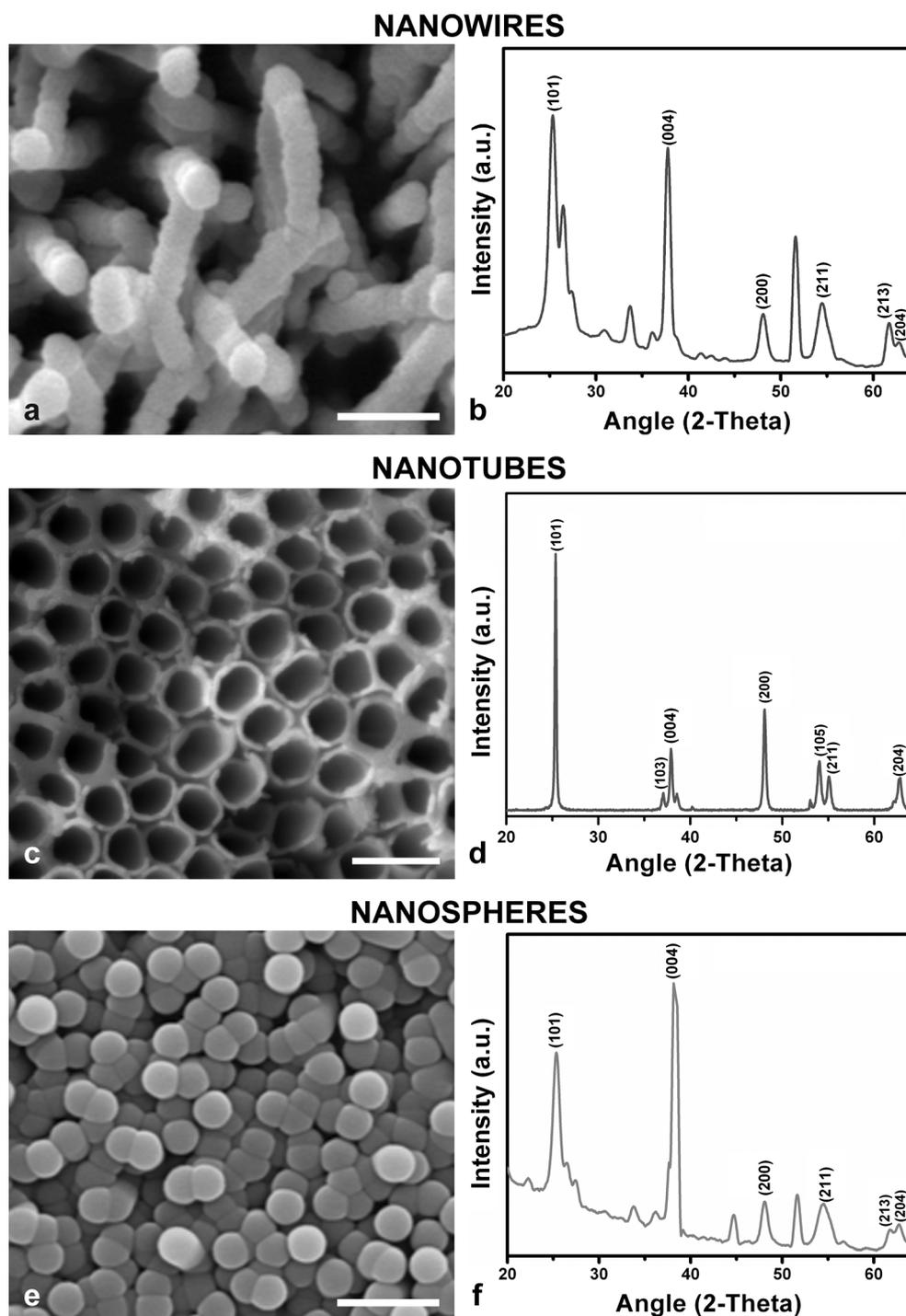
Statistical analysis

We measured the maximal caliper diameter of randomly sampled NPU cells imaged by SEM and grown on TiO₂ nanowires (*n*=20), TiO₂ nanotubes (*n*=20), TiO₂ nanospheres (*n*=20), and PM (*n*=20). The average and the standard errors were calculated for each scaffold and PM. All data were analyzed using the standard analysis of variance (ANOVA), followed by a two-tailed Student's *t* test; *p* values <0.05 were considered statistically significant.

Results

The surface topography of the nanostructured TiO₂ scaffolds synthesized in the zone A (230 °C) of the CVD reactor as observed by SEM (Fig. 1a) was homogenous throughout the sample and resembled the wires. Therefore, we named these scaffolds nanowires. The diameter of each nanowire was approximately 200 nm. In the zone B (210 °C) of the CVD reactor, spherical structures were synthesized (Fig. 1e), and we named these structures nanospheres. Similarly as nanowires, the average diameter of nanospheres was around 200 nm. The TiO₂ nanotubes

Fig. 1 Characterization of TiO₂ nanowires (a, b), TiO₂ nanotubes (c, d) and TiO₂ nanospheres (e, f). SEM micrographs show typical surface topography of different TiO₂ scaffolds (a, c, e) and XRD patterns showing their crystal structure properties are represented in graphs (b, d, e). Scale bars: a and e 500 nm, c 200 nm



(Fig. 1c) synthesized by the anodization method were similar as reported previously (Imani, Kabaso et al. 2012). The internal nanotube diameter was around 50–100 nm, while the length was up to 10 μ m. The walls of nanotubes were smooth and around 20-nm thick.

The XRD patterns of all the three different nanostructured TiO₂ scaffolds confirm that after annealing at 450 $^{\circ}$ C, all of

them are in the anatase phase. All the peaks observed at $2\theta = 25.3, 36.9, 38.5, 48, 53.8, 55, 61.5, \text{ and } 62.7$ in the XRD patterns are consistent with anatase (101), (103), (112), (200), (105), (211), (213), (204) planes (JCPDS number: 21–1272) (Fig. 1b, d, f).

The normal porcine urothelial (NPU) cells grown for 3 weeks on PM were viable, proliferative, polygonally

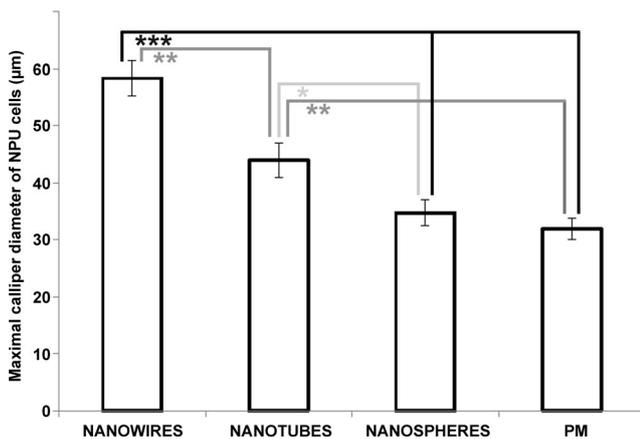


Fig. 2 The mean maximal caliper diameters (\pm SE) of superficial NPU cells cultured for 3 weeks on different nanostructured TiO₂ scaffolds (nanowires, nanotubes, nanospheres) and on the porous membrane (PM). There are statistically significant differences between the pairwise comparisons of the grouped data, i.e., nanowires vs nanotubes (** p <0.005), nanospheres (** p <0.001) and porous membrane (** p <0.001), and nanotubes vs nanospheres (* p <0.05) and porous membrane (** p <0.005)

shaped, tightly attached to each other, and reached 100 % confluence as previously described in details (Visnjar and Kreft 2013). Similar characteristics were observed also for the NPU cells grown for 3 weeks on all the three different nanostructured TiO₂ scaffolds. Nevertheless, the maximal caliper diameter of superficial NPU cells differed significantly (Fig. 2). The largest caliper diameter being 58.1 ± 3.1 μ m was observed on nanowires, while the smallest was found to be on the porous membrane, with maximal caliper diameter being 31.9 ± 1.8 μ m. The cells grown on nanotubes had a significantly larger diameter than the cells grown on nanospheres and on the porous membrane, whereas, there was no statistically significant difference between the cells grown on nanotubes and the cells grown on nanospheres. Furthermore, the cells grown on nanospheres were similar to the cells grown on the porous membrane regarding the maximal caliper diameter.

The SEM analysis of the NPU cell apical membrane surface topography revealed that all the cells were interconnected by prominent cell borders (Fig. 3). Besides that, the majority of the superficially positioned cells grown on all the three different nanostructured TiO₂ scaffolds and on the porous membrane exhibited microvilli on their apical surface (Fig. 3), indicating that they were at a similar differentiation stage. Some of the cells grown on nanowires (Fig. 3a) and the porous membrane (Fig. 3d) also showed ropy ridges, which are typical markers of successive differentiation following microvilli (Kreft, Romih et al. 2002; Veranic, Romih et al. 2004; Visnjar, Kocbek et al. 2012). However, some cells grown on nanotubes and nanospheres exhibited unusual ridges, which we

named pleomorphic ridges (Fig. 3b, d). A detailed observation of the shape of both types of ridges indicated that they seem to be composed of interconnected microvilli, but these interconnections differed between ropy and polymorphic ridges. In ropy ridges, microvilli seemed to be aligned in a thick row and the interconnections between them were of the same thickness as microvilli (Fig. 4a, d), which is in agreement with the previously published data (Kreft, Romih et al. 2002; Kreft, Sterle et al. 2005; Visnjar, Kocbek et al. 2012). However, in the pleomorphic ridges, the interconnections between microvilli were thinner than the microvilli and therefore no row-like but rather network-like pattern was observed (Fig. 4b, c). Moreover, within a network of thin pleomorphic ridges individual microvilli were observed.

Discussion

Despite numerous studies conducted over the last 3 decades in the field of tissue engineering of the ureter, bladder, and urethra (Southgate, Cross et al. 2003; Atala 2006; Raya-Rivera, Esquiliano et al. 2011; Yoo, Olson et al. 2011; Fu, Xu et al. 2012), the nanostructured TiO₂ scaffolds have only recently been proposed as promising scaffolds for urothelial tissue (Alpaslan, Ercan et al. 2011). Since a different topography of titanium surface is of fundamental importance for the cell's survival, attachment, proliferation, and differentiation (Wagner, Dullaart et al. 2006; Gongadze, Kabaso et al. 2011), we synthesized the three different nanostructured TiO₂ scaffolds (e.g., nanotubes, nanowires, and nanospheres) and tested their biocompatibility with normal urothelial cells. The normal porcine urothelial cells plated on these TiO₂ scaffolds adhered and grew with similar characteristics as the cells grown on the porous membrane. Nevertheless, some variations regarding their diameter and apical surface morphology were observed. Our results suggest that the nanostructured TiO₂ scaffolds should be further explored for urologic applicability.

Numerous in vitro studies exploited the TiO₂ nanotubes with diameters ranking between 15 and 100 nm. The majority of those studies indicated that small diameter (15 nm) nanotubes provided stronger adhesion (Imani, Kabaso et al. 2012), growth, and differentiation of different cell types (Park, Bauer et al. 2007; Park, Bauer et al. 2009; Alpaslan, Ercan et al. 2011; Gongadze, Kabaso et al. 2011). Nevertheless, our results showed that normal urothelial cells attached and grew on 50–100 nm TiO₂ nanotubes as efficiently as on the synthetic PET porous membrane. Moreover, superficial urothelial cells reached a significantly larger diameter when grown on the TiO₂ nanotubes rather than on the porous membrane. Since superficial urothelial cells with their specific apical

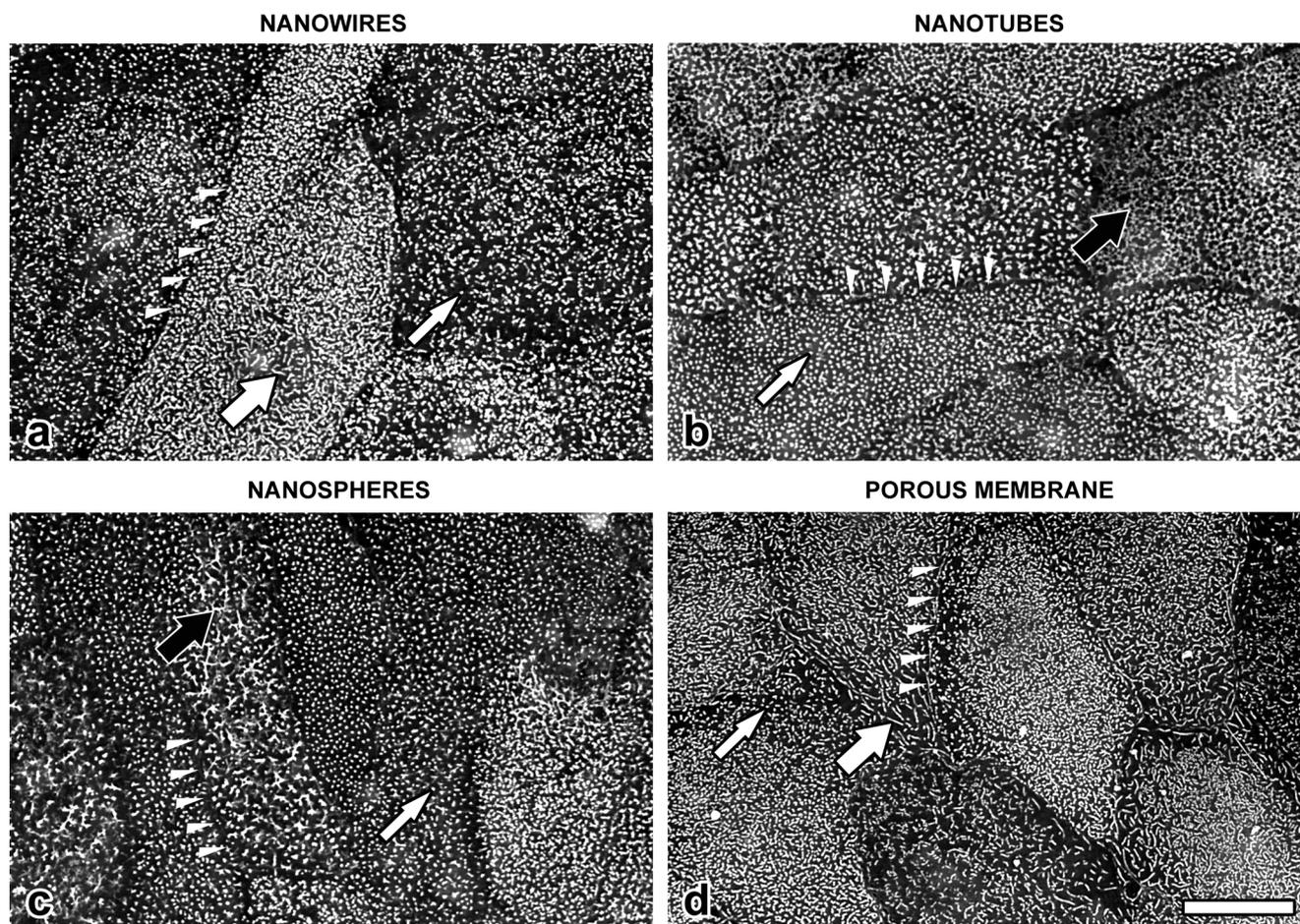


Fig. 3 Normal porcine urothelial (NPU) cells after 3 weeks culturing on the TiO₂ nanowires (a), TiO₂ nanotubes (b), TiO₂ nanospheres (c) and on the porous membrane (d) imaged by SEM. The overview of the apical plasma membrane showing the cell borders between superficial NPU cells (arrowheads). SEM additionally shows that superficial NPU cells have an apical surface mostly shaped in microvilli (thin white arrows).

The apical surface of NPU cells grown on nanowires and porous membrane also exhibits ropy ridges with thick interconnections between microvilli (thick white arrows in a and d), while the apical surface of NPU cells grown on nanotubes and nanospheres displays pleomorphic ridges (thick black arrows in b and c). Scale bar: 10 μm

plasma membrane structure called urothelial plaques (Kreft and Robenek 2012; Zupancic, Romih et al. 2014) contribute to the blood-urine barrier formation and maintenance, their larger surface could contribute to better functionality of the urothelium. As we have shown previously, the stretching of superficial urothelial cells is also one of the earliest cellular events during the urothelial superficial wound-healing process (Kreft, Sterle et al. 2005). Additionally, it was recently reported, that proteins bind more effectively to the large diameter (100 nm) than to the small diameter (15 or 50 nm) nanotubes (Kulkarni, Flasker et al. 2015). This should represent an advantage for future coating of the nanotubes with extracellular matrix proteins (e.g., collagen or fibronectin), which might have an even higher potential in regenerative medicine.

Although it seems that TiO₂ nanowires and nanospheres are cytotoxic to cells when they are introduced to cells as

suspension and are therefore internalized (Hamilton, Wu et al. 2009; Park, Shim et al. 2013), our results showed that urothelial cells were viable and grew on the TiO₂ nanowires and nanospheres, prepared as scaffolds, as effectively as on the porous membrane, which is an optimal carrier of the urothelial cells cultured in vitro. Moreover, the structuration of the apical surface of the superficial urothelial cells grown on nanowires was similar to the differentiation stage of the cells grown on the porous membrane. Ropy ridges are known to be a characteristic of the superficial urothelial cells in the middle of the differentiation process in vivo (Romih and Jezernik 1996; Romih, Koprivec et al. 2001) and in vitro (Kreft, Romih et al. 2002; Kreft, Sterle et al. 2005; Visnjar, Kocbek et al. 2012; Zupančič, Romih et al. 2014). Therefore, we assume that the cells grown on nanowires have the highest potential to become terminally differentiated and form urothelial plaques. Surprisingly, the superficial urothelial cells

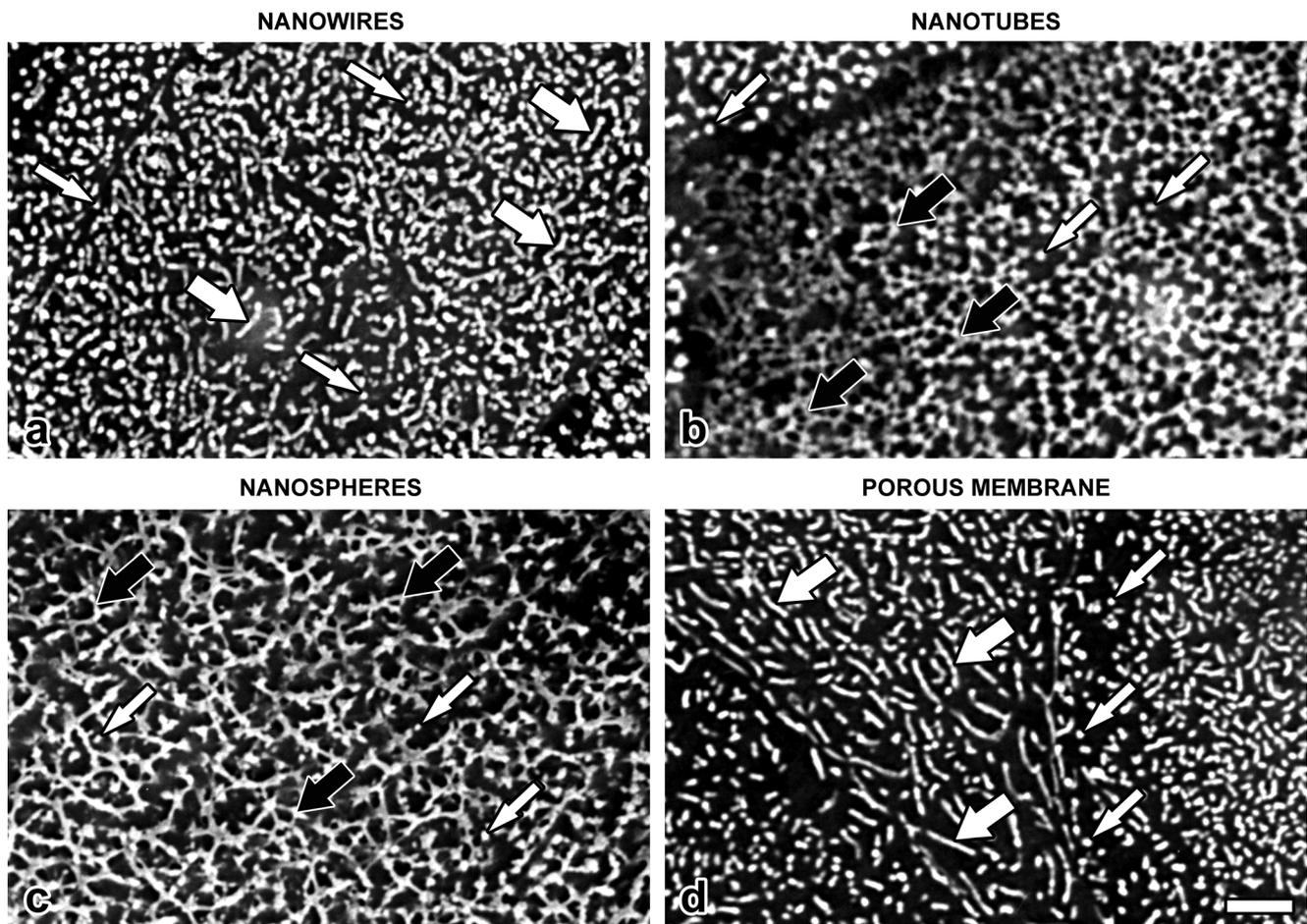


Fig. 4 Normal porcine urothelial (NPU) cells after 3 weeks culturing on the TiO₂ nanowires (a), TiO₂ nanotubes (b), TiO₂ nanospheres (c) and on the porous membrane (d) imaged by SEM. Individual microvilli (*thin white arrows*) are present on the apical surface of NPU cells grown on all three TiO₂ scaffolds and on porous membrane. NPU cells grown on

nanowires and porous membrane also exhibit ropy ridges (*thick white arrows*), where microvilli seems to be aligned in a row. Nevertheless, the apical surface of NPU cells grown on nanotubes and nanospheres reveals a network of pleomorphic ridges (*thick black arrows*). Scale bar: 2 μ m

grown on nanowires had the largest mean maximal caliper diameter, which was 1.7 times greater than the mean maximal caliper diameter of the cells grown on the porous membrane. This notion should be taken into consideration and further exploited in future studies.

The apical surface morphology of superficial urothelial cells was similar when cells were grown on all the three different nanostructured TiO₂ scaffolds and on the standard porous membrane. Moreover, the SEM analysis revealed undisturbed cell borders suggesting that urothelial cells formed functional epithelia sheets. The apical plasma membrane of the majority of the cells was shaped into microvilli, thus, confirming a similar differentiation stage of superficial urothelial cells grown on all the three different nanostructured TiO₂ scaffolds and on the standard porous membrane. Nevertheless, some cells grown on nanotubes and nanospheres also exhibited unusual ridges, which we named pleomorphic ridges. These structures could be a result of the

aberrant differentiation pathways, but the underlying mechanisms are unknown.

In conclusion, we must point out that the nanostructured TiO₂ nanotubes, nanowires, and nanospheres represent promising scaffolds for normal urothelial cells and should be further studied in a greater detail. It is intriguing to wonder, why the largest superficial urothelial cells were grown on nanowires in the present study. Since promising results were already obtained with nanotubes for the ureter stent applications (Alpaslan, Ercan et al. 2011), nanowires should also be further investigated in this regard. Moreover, besides the nanoscale patterns of topography, additional chemical functionalization of the nanostructured titanium scaffolds should be exploited. Until now, collagen and fibrinogen coatings resulted in an improved urothelial regeneration (Eberli, Susaeta et al. 2007; McManus, Boland et al. 2007) and therefore seem to be the first choice for titanium scaffold optimization.

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Compliance with ethical standards The experiments were approved by the Veterinary Administration of the Slovenian Ministry of Agriculture and Forestry (permit no. 34401-1/2010/6) in compliance with the Animal Health Protection Act and Instructions for Granting Permits for Animal Experimentation for Scientific Purposes.

Conflict of Interest The authors declare that they have no conflict of interest.

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